

Preparatory Dance

2018-2019

The Preparatory Dance Open Program offers classes in ballet, contemporary dance, and Flamenco and Spanish Dance for students of all ages and abilities who love to dance and want high-quality instruction with a flexible class schedule. Multiple levels provide the opportunity for continuing study in a sequential format and accommodate students with years of serious training as well as beginners who are eager to get started.

Classes for Ages 7-12

Open Program Beginners Ballet (Ages 7-12)

Beginners Ballet for ages 7-12 lays the foundation for future ballet study. Students are introduced to ballet terminology, begin formal work at the *barre*, learn fundamental arm movements (*port de bras*), and work on steps traveling across the floor. Emphasis is placed on building technique, improving coordination, and increasing strength and flexibility incrementally. There is no year-end performance for this class; studio observation opportunities are offered throughout the year.

No placement class or previous ballet training required. Because the preparatory work covered in this level is critical to future training, all 7 year-olds, including those with previous training, will take this class or Level 1 in the Primary Ballet Program before moving forward. Students remain in the same class for two or more semesters as they acquire the skills necessary to prepare them for the next level.

Dress: Students provide their own dance attire; visit <http://peabody.jhu.edu/preparatory/ways-to-study/departments/dance/info/dresscode/> or contact the Preparatory Dance Office for details: prepdance@jhu.edu or 667-208-6648.

Open Program Elementary Ballet (Ages 9-12)

Elementary Ballet is designed for students who have two or more years of consistent ballet training. This class for students ages 9-12 introduces key ballet vocabulary with an increased focus on technique. Students work on more complex traveling steps, jumps, and *port de bras*. There is no year-end performance for this class; studio observation opportunities are offered throughout the year.

This class is ideal for students who wish to continue their training past Levels 1, 1X, or Beginners Ballet, but who prefer to attend class once a week or choose not to perform. New students ages 9 and older with previous training must take a placement class to determine if the Elementary Ballet class is appropriate prior to registration.

Dress: Students provide their own dance attire; visit <http://peabody.jhu.edu/preparatory/ways-to-study/departments/dance/info/dresscode/> or contact the Preparatory Dance Office for details: prepdance@jhu.edu or 667-208-6648.

Open Program Beginners Contemporary Dance (Ages 7-12)

The Beginners contemporary dance class introduces young students to the principles of classic modern dance techniques to develop core strength, flexibility, versatility of movement styles, and creativity. This class accommodates beginners with little or no previous training and those with up to three years of prior contemporary dance or modern dance training. There is no year-end performance for this class; studio observation opportunities are offered throughout the year.

Dress: Students provide their own dance attire; visit <http://peabody.jhu.edu/preparatory/ways-to-study/departments/dance/info/dresscode/> or contact the Preparatory Dance Office for details: prepdance@jhu.edu or 667-208-6648.

Beginners Flamenco and Spanish Dance (Ages 7-12)

Beginners Flamenco and Spanish Dance for ages 7-12 focuses on establishing a knowledge of the dance technique vocabulary of this beautiful art form while emphasizing its powerful and exciting expression by exploring various rhythms and regional dances from Spain. Each class focuses on upper body stylization, footwork and turns and applying these techniques to colorful, musical, and expressive repertory.

Dress: Students provide their own specialized dance attire and shoes required for this class; visit <http://peabody.jhu.edu/preparatory/ways-to-study/departments/dance/info/dresscode/> or contact the Preparatory Dance Office for details: prepdance@jhu.edu or 667-208-6648.